

Objective:

Masters prepared Nurse Midwife new grad with specialty knowledge, experience, and patient care skills in minority health, health education and promotion in low income resources settings, naturopathic and integrative medicine, nutrition, midwifery, maternal child wellness, pediatrics, oncology, psychiatric and mental health nursing, geriatrics, and end of life transition.

Education:

08/2011 Seattle University College of Nursing, Seattle, WA

- Advanced Practice Nursing Immersion – **Masters of Science in Nursing**, GPA: 3.8
- Certified Nurse Midwifery Specialty

07/2010- Registered Nurse, State of WA- RN 60163811

11/2011- Board Certified Nurse Midwife

NRP and ACLS current as of June 2011

Student Nurse and Midwifery/ Clinical Rotations

06/2009 – 08/2011

- Children’s Hospital, Seattle WA- Acute care-110 hours
- Virginia Mason Hospital, Seattle WA- Oncology- 110 hours
- Valley Medical Center, Renton WA- LDRP unit- 60 hours
- Sound Mental Health-Community/ Psychiatric/Mental Health – 210 hours
- Nursing Home: Geriatric Nursing- 80 hours
- Group Health Central Nurse Midwifery- full scope practice-330hours
 - Antepartum, Intrapartum, Postpartum, Lifespan Gynecology, Pregnancy Termination Clinic, Reproductive Health, Early pregnancy U/S, Pessary Care
- Midwife Seattle- Seattle WA- Cynthia Brown CNM, ARNP-full scope practice- 274 hours
 - Antepartum, Intrapartum, Postpartum. Specializing in homebirth, birth center, and hospital deliveries. CAM.
- Woman to Woman Clinic, Mount Vernon WA- Karen Lee WHNP, ARNP- 40 hours
 - Menopause, Lifespan Uro-Gynecology
- Valley Medical Center Women’s Clinic- full scope practice- 454 hours
 - Antepartum, Intrapartum, Postpartum, Lifespan Gynecology, Reproductive Health, NST

Worked under the supervision of RNs and later CNMs providing bedside care, assessment, diagnosis, treatment, management, and clinical documentation for patients. Handled medication administration, dressing changes, catheter insertion and removal, IVs and all other aspects of nursing care. Implemented midwifery model of care and demonstrated clinical competency in ACNM core competencies. Facilitated coordination, discharge and transfers of care. Prepared chart notes and other documentation. Was an active participant of the interdisciplinary team delivery in client care and education.

06/2009 Bastyr University, Kenmore, WA

Doctor of Naturopathic Medicine; GPA 3.9

- Completed a 5 year accredited program of coursework and supervised practice in Primary Care, Ayurvedic, Botanical, Homeopathic, Physical, Nutritional and Energetic Medicine. Extensive study, exposure, and preceptorship in specialties involving the care of women and children, homeless and drug addicted populations, chronic illness. Additional work and study in Counseling, Midwifery, Therapeutic Cooking, Visceral Manipulation, Craniosacral Therapy, Chinese Tongue and Pulse Diagnosis, Sex and Sexuality counseling, Homeopathy. Supervised Clinical Hours: 1020 hours

07/2010- Board Certified Naturopathic Doctor, Licensed in State of WA

NT60251023

- Preceptorships:
 - **Afia Menke MA ND LM.** Primary care for individuals and families, food allergy testing, neurotransmitter testing, annual gyn exams, homeopathy, nutrition, counseling, botanical medicine, weight loss and detoxification, and smoking cessation. 85 hours
 - **Loren Riccio ND, LM, CPM.** Family Practice, Midwifery, Reiki, homeopathy, UNDA, craniosacral therapy, visceral manipulation and NAET allergy treatment. 50 hours.
 - **Decker Weiss NMD FASA.** Cardiology, Internal Medicine, Naturopathy, IV therapy, Nature Cure. 96.5hours.
 - **Molly Linton ND, LM** Family Practice, Midwifery, Pediatrics. 120 hours.
 - **Charlotte Geddis LM.** Midwifery, Family Planning. 75 hours.

05/2003 Cornell University, Ithaca NY

- **Bachelor of Arts, Biology and Society** G.P.A. 3.7858
- Summa Cum Laude; Distinction in all Subjects
- Concentrations: Human Genetics, Child Development, Poverty, Comparative Health Care Systems, Emergency Medical Technician Training (E.M.T-B)
- Honors Thesis: Poverty and Sensitivity: The Potential Roles of Parental Psychological Health and Perceived Stress

Work Experience:

09/2011- Present

IV Nurse, Naturopathic Physicians Group, Dr. Lucinda Messer ND, Kirkland WA
Perform and monitor intravenous therapy.

10/2009-Present

Practitioner, Naturopathic Physician, Pharmaca Integrative Pharmacy, Seattle WA

Serve as ND assisting clients with their health and wellness needs. Use extensive knowledge of supplements, natural products, alternative medicines and modalities, drug- herb- nutrient interactions and safety to educate with regard to individual health-care and wellness solutions. Facilitate implementation of treatment plans by working with NDs in the community and their clients to create cost sensitive treatment regimens. Provide community lectures on health topics. Coordinate staff continuing education and provide weekly summaries of most recently published and peer reviewed data.

12/2006-5/2009

Sales Associate, Seattle Super Supplements, Seattle WA

Educated customers on supplement choices.

Assisted customers in finding appropriate supplements to promote their healthful living goals.

Attend trainings to gain further knowledge of the supplement industry and supplement formulation to better assist customers.

Managed , ordered, evaluated new products and restocked inventory for designated companies.

Managed point of sales

Closed the store and performed associated nightly duties.

07/2003- 08/2004

Health Promotion Assistant/AOD Health Assistant, Gannett Health Center, Cornell University, Ithaca NY

Created health education materials on various health topics.

Provided counseling and workshops on various health topics.

Facilitated groups on various health topics for under-represented and international students.

Provided staff support for educational strategies committee.

Topics included: Sexual Health, Women's Health, AOD, International Health

Research:

Boxill, L. (2011). Diabetes in Pregnancy and Disparities in Perinatal Outcomes of African American Mothers: Clinical Implications for Advance Nurse Practitioners and Certified Nurse Midwives. A scholarly project submitted in partial fulfillment of the requirement for the degree of Master of Science in Nursing Seattle University.

Evans, G. W., Boxhill, L., Pinkava, M. (2008). Poverty and Maternal Responsiveness: The Role of Stress and Social Resources. *International Journal of Behavioral Development*, 32, 232-237.

Skills: EMR- EPIC, OB centricity, Windows, Word processing, Internet Software, Spreadsheet, Case Management, Naturopathic Medicine, JCAHO Standards/ Compliance, Medication Administration, Parent/Patient/Family Education, Patient Advocacy, Patient Assessment, Counseling, Quality & Continuity of Care